



# St. Vincent de Paul

## 2016-17 Can-a-Week Calendar

*Please clip and keep in a handy location!*

St. Vincent de Paul Food Locker provides food to those in need in our community. In 2016, we have provided much needed food assistance to over 5,000 hungry people in our area. By your generous support of our Can-a-Week program, you help stock the shelves of our parish food locker. Students are asked to bring ONE food item to school each week (please, no glass containers). We can also use donations of dry cereal, cookies, dry rice and dry beans. These donations can be dropped at the school office, parish office or at the St. Vincent de Paul building. Please be generous. Thank you!



<p><b>August</b></p> <p>29 .....Canned Soup</p>	<p><b>September</b></p> <p>6..... Canned Tomato Sauce</p> <p>12 .....Canned Vegetables</p> <p>19..... Crackers</p> <p>26 .....Canned Fruit</p>	<p><b>October</b></p> <p>3..... Pasta Noodles (Spaghetti)</p> <p>10..... Peanut Butter</p> <p>17..... Tuna</p> <p>24.....Refried Beans</p> <p>31.....Macaroni &amp; Cheese</p>
<p><b>November</b></p> <p>7 .....Canned Soup</p> <p>14.....Canned Fruit</p> <p>28..... Pasta Noodles (Spaghetti)</p>	<p><b>December</b></p> <p>5..... Refried Beans</p> <p>12..... Canned Vegetables</p> <p>19 .....Peanut Butter</p> <p style="text-align: center;">Have a Blessed Christmas!!</p>	<p><b>January</b></p> <p>2 .....Canned Tomato Sauce</p> <p>9 .....Refried Beans</p> <p>16..... Crackers</p> <p>23.....Macaroni &amp; Cheese</p> <p>30.....Tuna</p>
<p><b>February</b></p> <p>6 .....Canned Tomatoes</p> <p>13 .....Canned Soup</p> <p>21 .....Peanut Butter</p> <p>27. ....Canned Fruit</p>	<p><b>March</b></p> <p>6.....Pasta Noodles (Spaghetti)</p> <p>13 .....Canned Vegetables</p> <p>20..... Refried Beans</p> <p>27 .....Macaroni &amp; Cheese</p>	<p><b>April</b></p> <p>3 .....Canned Tomato Sauce</p> <p>10.....Crackers</p> <p>17..... Tuna</p> <p>24 .....Macaroni &amp; Cheese</p>
<p><b>May</b></p> <p>1 .....Canned Fruit</p> <p>8 .....Pasta Noodles (Spaghetti)</p> <p>15..... Peanut Butter</p> <p>22 .....Crackers</p> <p>30 .....Canned Soup</p>	<p><b>June</b></p> <p>5 .....Canned Fruit</p> <p style="text-align: center;">+ one extra item of your choice</p> <p style="text-align: center;">Enjoy your summer!!!</p>	<p><b>Summer</b></p> <p>Remember to bring one canned good with you each time you come to Mass. There is a box in the vestibule for all donations.</p>